



## Heart Education Meetings

**RSVP to join us** and **Dr. Eric Goulder, MD, FACC** Cardiologist at The Heart Attack & Stroke Prevention Center of Central Ohio, speaking on:



### **Even though you may have coronary heart disease "Heart Attacks Are Optional"**

Join us in our mission to knock cardiovascular disease  
out of the spot as the No. 1 Killer!

**Thursday, October 11<sup>th</sup>, 2018**

**6:00 pm - 8:00 pm in the Ross Heart Hospital Auditorium,  
OSU Wexner Medical Center, 452 West 10<sup>th</sup> Avenue, Columbus, OH 43210**  
(Light meal provided and a parking pass for the attached Safe Auto garage)

**Dr. Eric Goulder, MD, FACC** is an American College of Cardiology board certified cardiologist. After graduating from The Ohio State University College of Medicine, he practiced invasive (standard of care) cardiology for 30 years. After learning the approach of Drs. Bale & Doneen to prevent heart attacks and strokes, he realized that they unveiled a large "missing piece" to the development of arterial disease. Dr. Goulder is now a preceptor of and practices the BaleDoneen Method. He is now practicing preventive clinical cardiology as a Concierge Cardiologist at the Heart Attack & Stroke Prevention Center of Central Ohio, where he focuses strictly on prevention. Dr. Goulder is passionate in mentoring medical & dental providers with the concept and training of preventive cardiology.

Heart attacks and strokes kill more Americans than any other illness despite the attention we give to high blood pressure, cholesterol, and taking aspirin daily. The fact remains that our current standard of care still results in alarmingly high failure rate.

The saddest scenario is a fatal heart attack or disabling stroke when an individual dies suddenly in the prime of life or becomes significantly disabled because they were unaware of their disease, leaving family, friends, finances, and their businesses unprepared for their death and its aftermath.

We are changing the status quo. Are you at Risk? We don't have to accept heart attacks and strokes any longer. **Heart attacks are optional and Dr. Goulder guarantees it!**

**RSVP** to Jeff Davidson at (614) 580-1561 or [jadavidson@columbus.rr.com](mailto:jadavidson@columbus.rr.com)  
Visit our website at: [www.healingheartscentralohio.org](http://www.healingheartscentralohio.org)

Healing Hearts members seek to inspire, comfort and support heart patients and their families, and people at risk for heart disease, throughout the central Ohio community. Since March 2011, our group has grown to over 300 members and made over 9,000 patient visits at the Ohio State Ross and University East Hospitals. We share heart success stories, strive to stay healthy long-term, and host educational meetings each month!