



## Heart Education Meetings

**RSVP to join us and 4<sup>th</sup> Floor ICU Nurses from Ohio**  
**State's Ross Heart Hospital** presenting the topic:



### **"The 1<sup>st</sup> Critical 24 Hours After Open-Heart Surgery: A Nurses Perspective "** **With a celebration of nurses and the nursing profession.**

You will also meet inspirational people with serious heart issues and hear some uplifting stories!

**Thursday, January 9, 2020**

**6:00 pm - 8:00 pm in the Ross Heart Hospital Auditorium,  
OSU Wexner Medical Center, 452 West 10<sup>th</sup> Avenue, Columbus, OH 43210**  
Meal provided and a parking pass for the adjacent Safe Auto garage

This meeting will provide heart patients and their caregivers a better understanding of the incredible skill and patient care that nurses provide after open-heart surgery! The meeting will also be a celebration of the nursing profession!!

Florence Nightingale was the trail blazing figure in nursing history—but what nurses do today is awe-inspiring! Following a brief history of open-heart surgery, this presentation will discuss: the handoff of the patient from the surgical team to the ICU nursing team; continuous monitoring of the patient's vitals with x-rays, continuous labs, and other procedures; monitoring the ventilator and the endotracheal and oral gastric tubes; maintaining the chest tubes and foley catheter; and many other tasks including pain management and preventing infections and edema. In summary, helping patients transition from the operating room back to their homes and loving families.

**RSVP** to Jeff Davidson at (614) 580-1561 or [jadavidson@columbus.rr.com](mailto:jadavidson@columbus.rr.com)  
Visit our website at: [www.healingheartscentralohio.org](http://www.healingheartscentralohio.org)

Healing Hearts members seek to inspire, comfort and support heart patients and their families and people at risk of heart disease. Since March 2011, our central Ohio Chapter group has grown to over 300 members and made over 10,000 heart patient visits at the Ross and University Hospital East. We share heart success stories, strive to stay healthy long-term, and host educational meetings each month!