

Heart Education Meetings

RSVP to join us and **Dr. Kristin Kuntz, PhD,** Assistant Clinical Professor of Psychiatry and Transplant Psychologist at the OSU Wexner Medical Center, speaking on:



"Coping With Advanced Stage Heart Failure and LVAD/Transplant" (Learn about various coping mechanisms as well as a general discussion on depression and anxiety)

You will meet inspirational people with serious heart issues and hear some uplifting stories!

Thursday, August 9, 2018

6:00 pm - 8:00 pm in the Ross Heart Hospital Auditorium, OSU Wexner Medical Center, 452 West 10th Avenue, Columbus, OH 43210 (Light meal provided and a parking pass for the attached Safe Auto garage)

Dr. Kristin Kuntz, PhD is a psychologist in the Department of Psychiatry & Behavioral Health at The OSU Wexner Medical Center. She is the transplant psychologist for The OSUWMC Comprehensive Transplant Center and sees patients undergoing Heart, Lung, Kidney, Pancreas, and Liver transplants. Dr. Kuntz earned her Ph.D. in 2006 and completed a fellowship in Health Psychology at Virginia Commonwealth University in 2007.

Dr. Kuntz specializes in health psychology for organ transplant patients and her research focus is the psychological effect of chronic illness and transplantation. She studies the relationship between chronic illness and transplantation and their psychological aspects, such as depression, anxiety, and quality of life.

The mind and body are closely connected; issues with one aspect can greatly impact the other. Her philosophy is that any psychosocial issues a patient may experience throughout the transplant process should be addressed. Before transplant, she evaluates patients in an effort to identify and reduce any psychological and behavioral issues that may act as barriers to a successful outcome. She also provides psychological treatment for patients who have difficulty adjusting to life after a transplant.

> **RSVP** to Jeff Davidson at (614) 580-1561 or <u>jadavidson@columbus.rr.com</u> Visit our website at: <u>www.healingheartscentralohio.org</u>

Healing Hearts members seek to inspire, comfort and support heart patients and their families, and people at risk for heart disease, throughout the central Ohio community. Since March 2011, our group has grown to over 300 members and made over 9,000 patient visits at the Ohio State Ross and University East Hospitals. We share heart success stories, strive to stay healthy long-term, and host educational meetings each month!