



(formerly Mended Hearts of Central Ohio)

# Highlights of Educational Meetings and Past Speakers

(meetings held in The Ohio State Ross Heart Hospital Auditorium)

Members share their “heart success stories” and experiences at our monthly meetings.  
You can see some of these real stories at [www.healingheartscentralohio.org](http://www.healingheartscentralohio.org)

## Speakers— “Healing (Mended) Hearts of Central Ohio” 2011–Present

Heart health experts (average meeting attendance 66 (2016) and 84 (2017))

Eric Abel, Pharm.D  
Ellen Aberegg, OSU Cardiac Rehab.  
Dr. William Abraham  
Dr. Hamdy Elsayed-Awad  
Marcia Belcher, MSN, RN  
Danielle Blais, Pharm.D  
Mike Boyd, Pharm.D  
Dr. Charles A. Bush  
Catherine Butz, Ph.D  
Dr. Quinn Capers, IV  
Cheryl Carmin, PhD  
Christopher Clark, DDS  
Dr. Robert Cooper  
Dr. Juan Crestanello  
Dr. Curt Daniels  
Dr. Aneesa Das  
Dr. Emile Daoud  
Dr. Jennifer Dickerson  
Dr. Kathleen Dungan  
Dr. G. Patrick Ecklar  
Dr. Sitaramesh Emani  
Ashley Guiler, BSN, RN, CCRN  
Dr. Martha Gulati  
Dr. Garrie Haas  
Dr. Ayesha Hasan  
Gail Hogan  
Libby Herman, Pharm.D  
Dr. Ray Hershberger  
Dr. Robert Higgins  
Dr. John D. Hummel  
Poonam Jewani, Pharm.D  
Dr. David Keseg

Dr. Rami Khayat  
Dr. Ahmet Kilic  
Dr. John Larry  
Dr. Ray Hershberger  
Jamie Jackson, PhD  
Dr. Laxmi Mehta  
Dr. Ernest Mazzaferri, Jr.  
Chris Min, Pharm.D  
Dr. Peter Mohler, PhD  
Dr. Surrender Neravetla  
Laura Newman, MSW, LISW-s  
James Onate, PhD  
Kerry Pickworth, Pharm.D  
Maria Pruchnicki, Pharm.D  
Carolyn Rankin, YMCA of Central Ohio  
Dr. Tom Ryan  
Dr. David Sabgir  
Dr. Michael Sayre  
Dr. Kavita Sharma  
Ashley Shepherd, BSN, RN  
Mallory Sheppard, BSN, RN  
Brooke Stanton, Pharm.D  
Amy Sturm, MS, LGC  
Dr. Deepali Tukaye, MBBS, PhD  
Dr. Jaret Tyler  
Rosalie Ungar, Author on AFib  
Chef James Warner, Program Director, Food & Nutrition  
Dr. Raul Weiss  
Laurie Williams, Outpatient Cardiology Dietician  
Dr. Kristina Wood, Pharm.D  
Dr. Ali Zaidi

Samples of the diversity of our meetings in following slides:



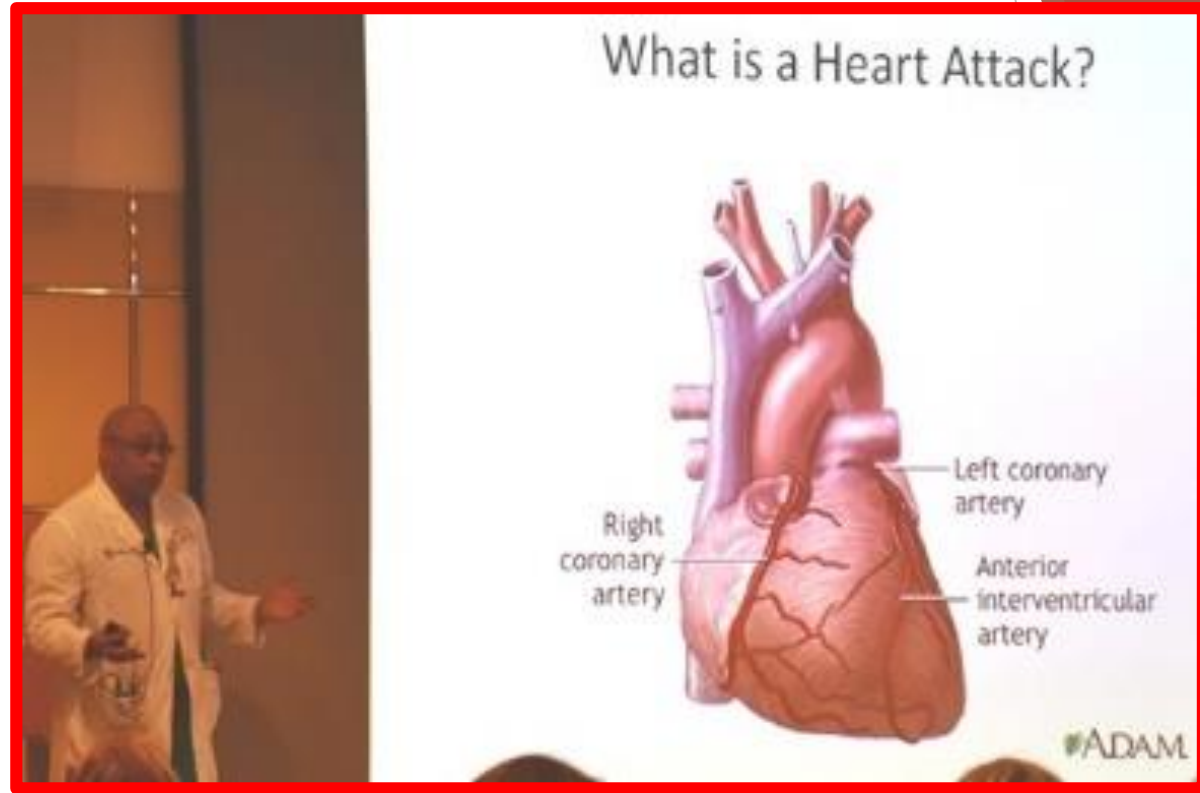
**Dr. William T. Abraham**

“Reversing Coronary Artery Disease and Heart Muscle Damage”



## **Dr. Charles A. Bush**

**“Changes in and the Development of Knowledge and Management of  
Cardiovascular Issues from the 1960s to the Present Day”**



**Dr. Quinn Capers, IV**

**“Heart Attacks: Current Treatment & How To Survive and Thrive Afterwards”**



**Dr. Cheryl Carmin**  
**“Heart & Mind: Depression, Anxiety & Heart Disease”**



**Dr. Robert Cooper**

**“Chest Pain in the ER - Are Cardiac Workups Doing More Harm Than Good?”**



**Dr. Juan Crestanello**

**“The TAVR (Transcatheter Aortic Valve Replacement) Procedure”  
and a discussion on heart valve issues.**





## **Dr. Curt Daniels and Dr. Ali Zaidi**

**of Nationwide Children's Hospital speaking (separate meetings) on:  
"Transcatheter Valve Replacement and Transcatheter Therapy for Valvular Heart Disease"  
and "The Evolution for Caring for Adults with Congenital Heart Disease"**



## **Dr. Emile Daoud**

**“Living with Atrial Fibrillation (A-Fib) and the Variety of Therapies and Procedures for Effectively Treating It”**



**Dr. Aneesa Das**  
**“Heart Disease and Sleep Apnea: Common Companions”**

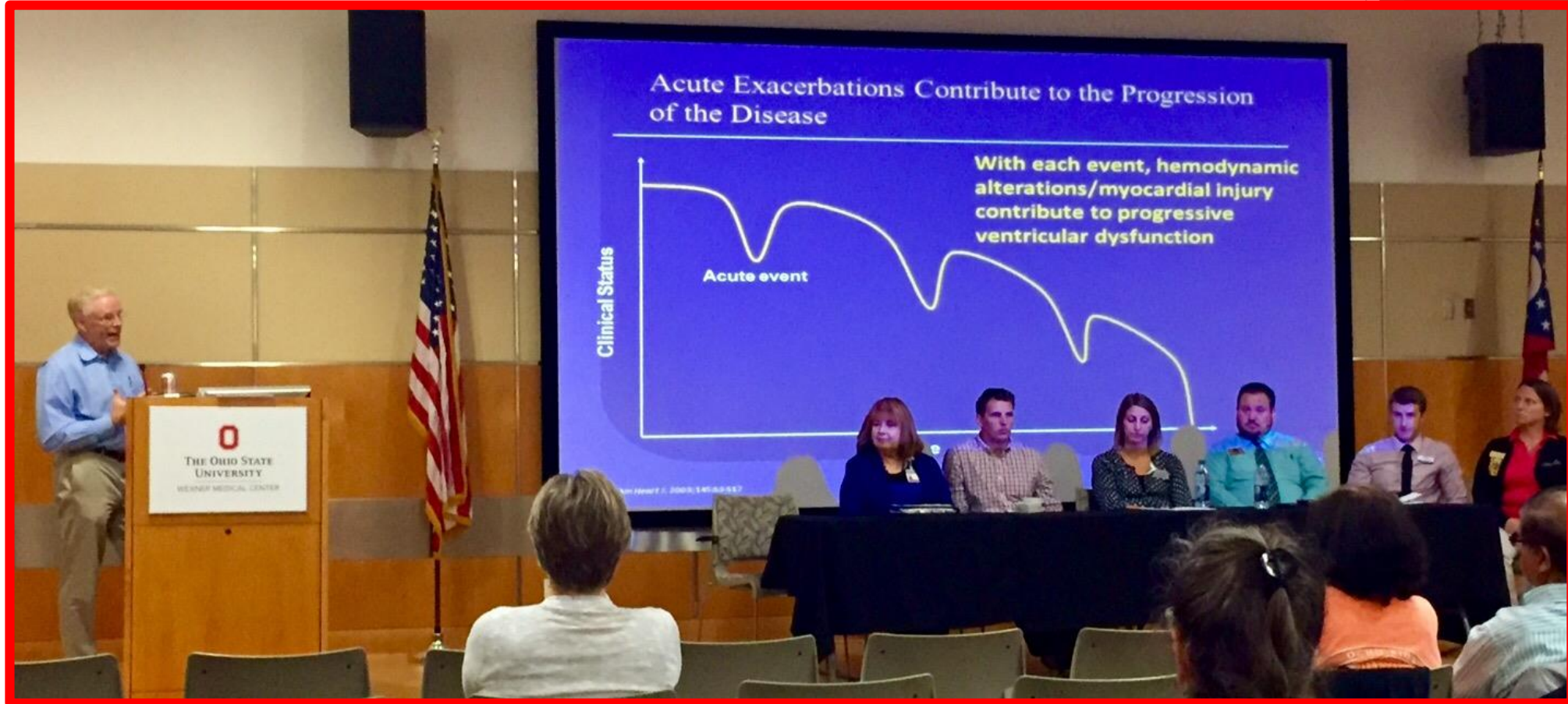


**Dr. Kathleen Dungan and Caroline Rankin  
of the YMCA of Central Ohio on:  
“Diabetes and the Heart” and the “YMCA Diabetes Prevention Program”**



**Dr. Sitaramesh Emani**

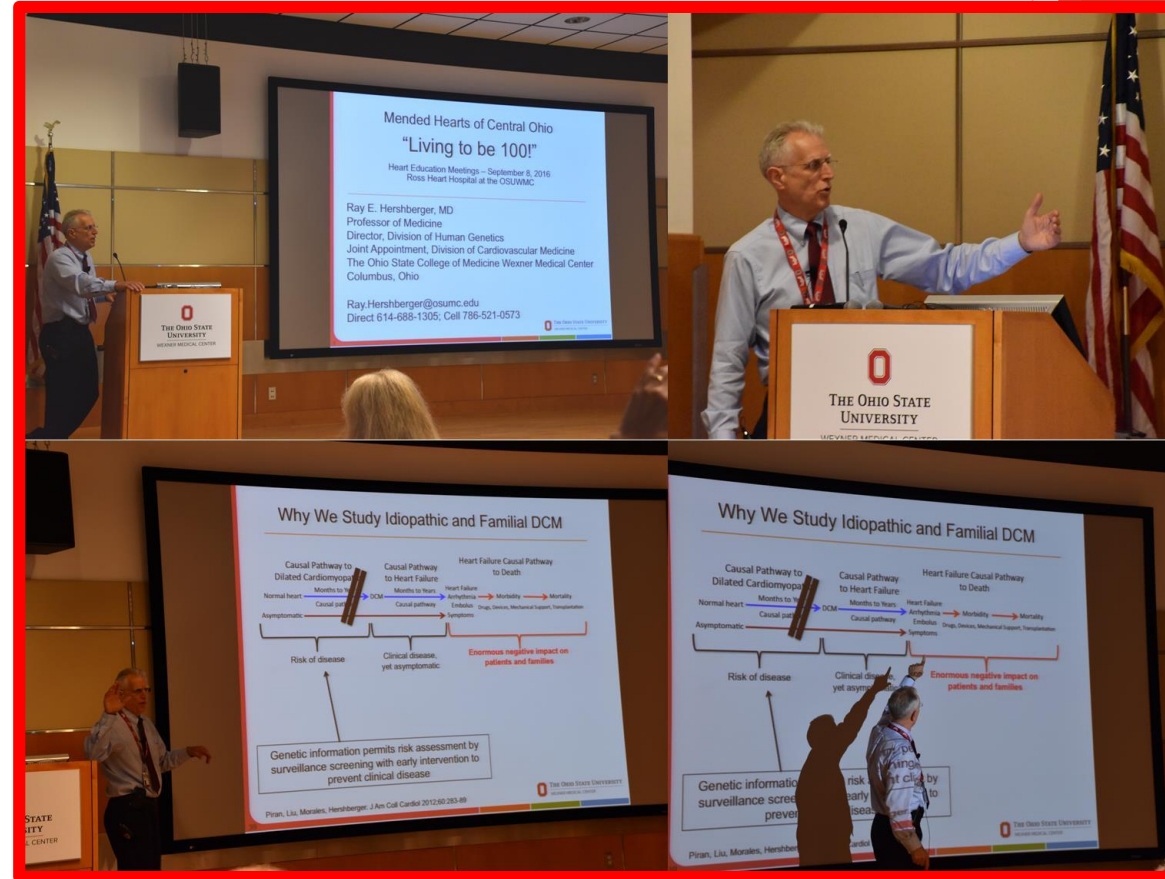
**“Managing (and Preventing) Heart Failure” with CardioSmart of the ACC**



**Dr. Garrie Haas and a Post Acute Panel speaking on:  
“Post Acute Transitional Care”**



**Dr. Ayesha Hasan**  
**"Living With Heart Failure"**



**Dr. Ray E. Hershberger**  
"Living to Age 100"





**Dr. John Hummel and Author Rosalie Ungar  
“Women and Atrial Fibrillation  
Challenges in Disease and Treatment”**



**Dr. David P. Keseg and EMTs from  
Columbus Division of Fire and Gail Hogan  
“Saving Lives with Hands-Only CPR”**



**Dr. Rami Khayat**  
**“Reversing Sleep Apnea’s Affects to Better Manage Heart Disease”**

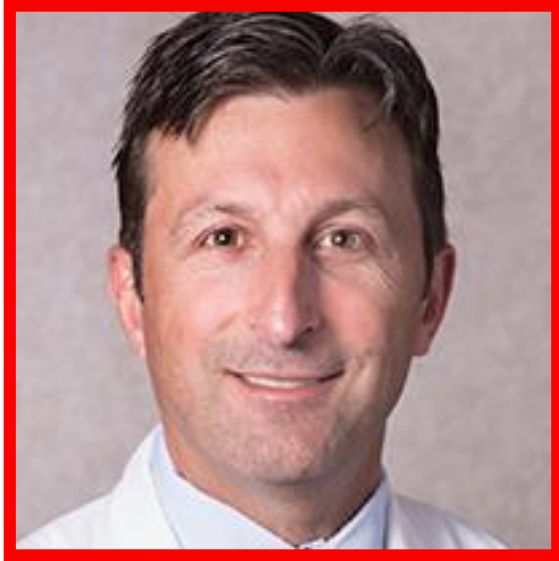


## **Dr. Ahmet Kilic**

**“Valve Replacement 101 Indications and Selection”**

**(See May 2013 video on our news page at**

**[www.healingheartscentralohio.org](http://www.healingheartscentralohio.org) )**



**Dr. Ernest Mazzaferri, Jr.**

**“Advances in the Cardiac Catheterization Lab: Plumbing in the 21<sup>st</sup> Century”**



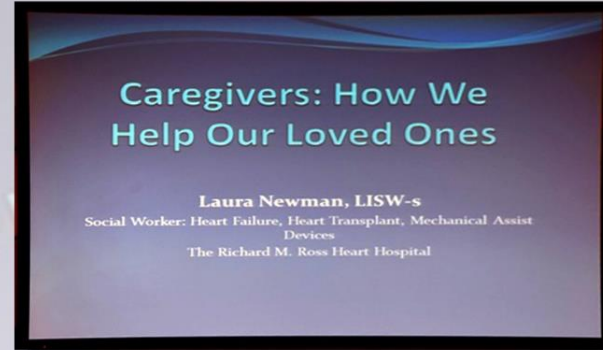
**Dr. Laxmi Mehta**  
**“Broken Heart Syndrome”**



**Peter J. Mohler, PhD**  
**“Heart Failure and Life-Changing OSU Research”**

**MENDED HEARTS OF CENTRAL OHIO**

**FEBRUARY 11, 2016**



**Laura Newman, LVAD Social Worker  
“Caregivers: How We Help Our Loved Ones”**





**OSU Ross Nurses**  
**“The First 24 Hours After Open-Heart Surgery:  
A Nurse’s Perspective”**



**OSU Pharmacist Presentation(s)—“An Evening with your Pharmacist”**



**“Open Your Heart Sharing and Celebration of Life Dinner Meeting(s)”**



**Dr. Thomas Ryan**  
**“The Prevention of Cardiovascular Disease”**



## Dr. Kavita Sharma and Amy Sturm, MS, LGC “Familial Hypercholesterolemia (FH) and Updates on Cholesterol Treatments”



**James Warner with Justin Goodwin & Ellen Aberegg  
"Lightening Up The Holidays--with Heart Healthy Foods"**



**Dr. Raul Weiss**  
**“Living With Afib”**