

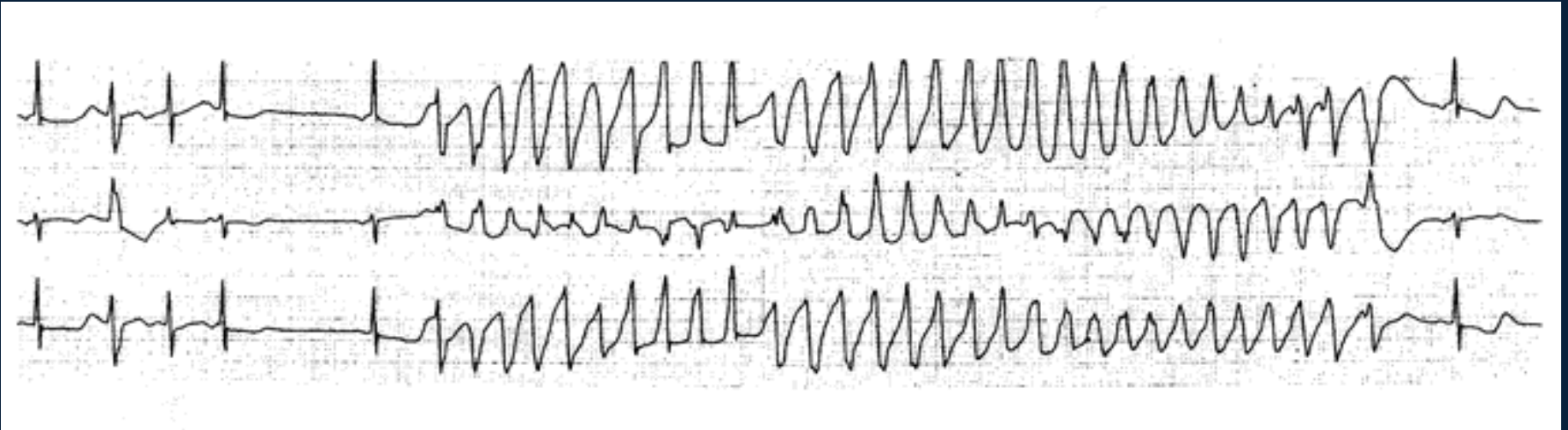
MENDED HEARTS

An Evening with your Pharmacists

MIKE BOYD, PHARM D

- Specialty Practice Pharmacist

ANTIARRHYTHMIC DRUGS



ANTIARRHYTHMIC DRUGS

Name (Brand Name)
Quinidine (Quinaglute®, Quinidex®)
Disopyramide (Norpace®)
Mexiletine (Mexitil®)
Flecainide (Tambocor®)
Propafenone (Rythmol®, Rythmol SR®)
Amiodarone (Cordarone®, Pacerone®)
Dofetilide (Tikosyn®)
Dronedarone (Multaq®)
Sotalol (Betapace®, Betapace AF®)

BROOKE STANTON, PHARM D

- **Cardiology Pharmacy resident**

ANTICOAGULANTS

- Commonly referred to as “blood thinners”
- Used for 2 primary reasons:
 1. Prevent a new clot from forming
 - Atrial Fibrillation
 - Other high risk states
 2. Treat an existing clot
 - Pulmonary Embolism (PE)
 - Deep Vein Thrombosis (DVT)

WARFARIN (COUMADIN®)

- Drug of choice for more than 50 years
- Requires monitoring of PT/INR
 - Reflects level of anticoagulation
 - Allows for daily dose to be adjusted
- Effect can be reversed with Vitamin K
- Diet can effect control
 - Key is consistency, not avoidance

THE NEW ANTICOAGULANTS

- **Dabigatran (Pradaxa®)**
 - Must be taken twice daily
 - Must be stored in original packaging
- **Rivaroxaban (Xarelto®)**
 - Once daily dosing
 - Should be taken with the evening meal
- **Apixaban (Eliquis®)**
 - Twice a day
- **Edoxaban (Savaysa®)**
 - Once daily dosing

TIPS FOR ALL ANTICOAGULANTS

- Take as directed
- Alert healthcare workers you are taking
 - Have a plan for invasive procedures
 - Screen for drug interactions
 - Safety in emergent situations
- Be mindful of signs of bleeding
 - Blood in urine, stool
 - Seek medical attention for persistent bleeding

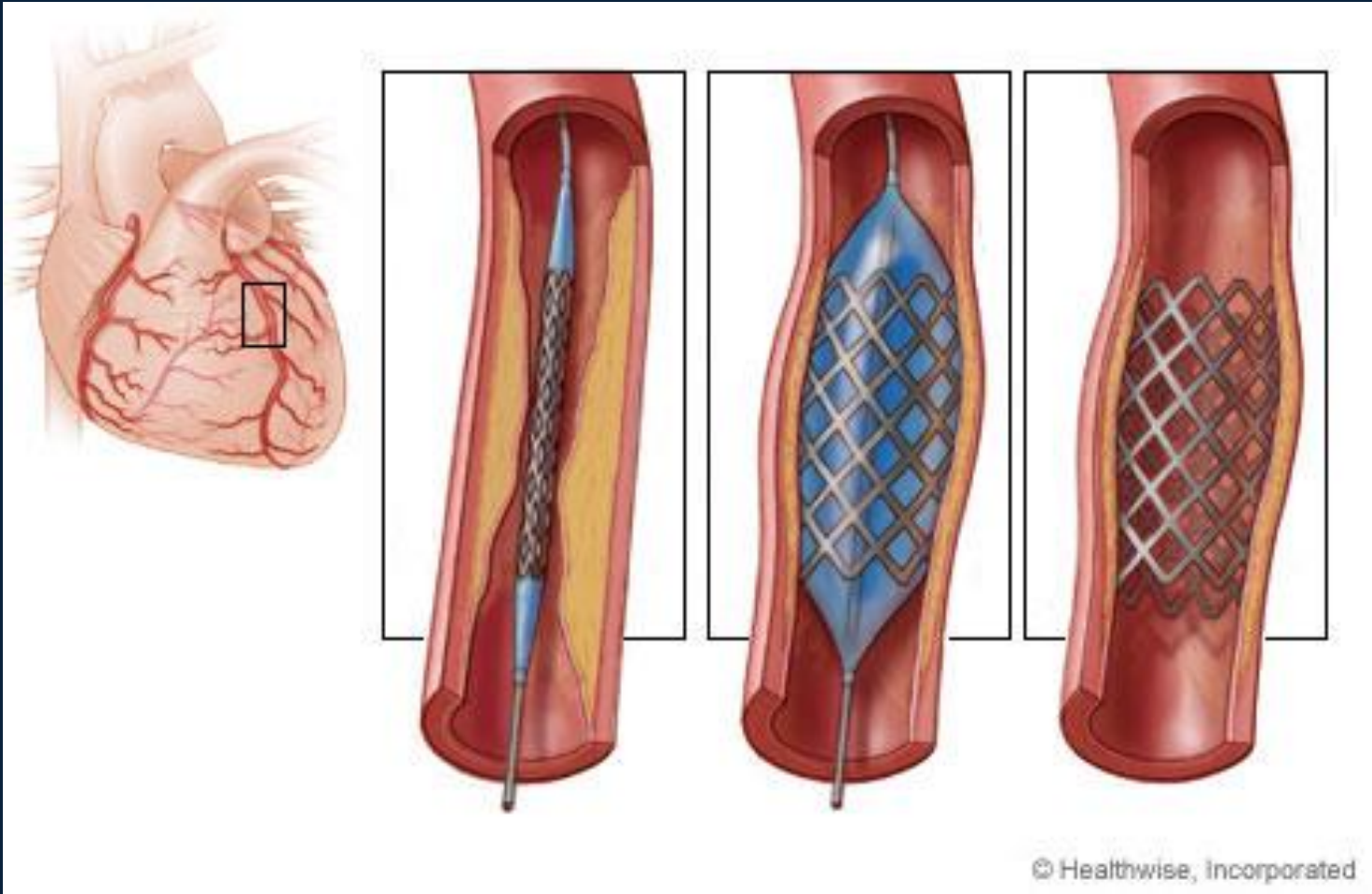
POONAM JEWANI, PHARM D

- Cardiology pharmacy resident

CORONARY ARTERY DISEASE

- Leading cause of death in both men and women
- Risk factors
 - Age
 - Smoking
 - Diabetes
 - High blood pressure
 - High cholesterol

CORONARY ARTERY DISEASE



PROTECT YOUR STENT

- **To keep your Stent open**
 - Aspirin 81 mg daily
 - FOR LIFE
 - Clopidogrel (Plavix), Ticagrelor (Brillinta), Prasugrel (Effient)
 - Depends on the type of stent
- **Side effects- bleeding**
- **Take your medication daily**
- **Do not stop taking unless directed by your Cardiologist**

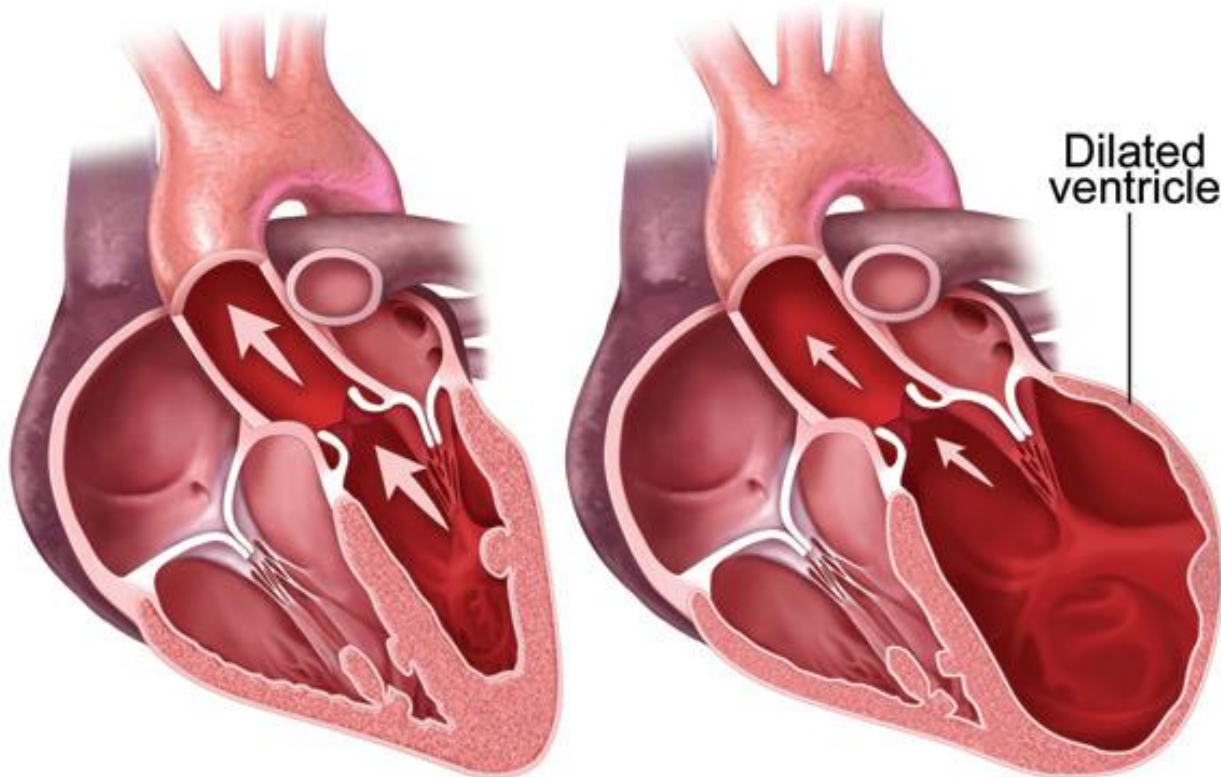
KERRY PICKWORTH, PHARM D

- Specialty Practice Pharmacist

HEART FAILURE

Normal Heart

Dilated Cardiomyopathy



DRUGS USED TO TREAT

- **Drugs which make the heart pump more effectively and make you live longer**
 - Enalapril, Lisinopril, Valsartan (Diovan), Losartan (Cozaar)
 - Entresto (valsartan- sacubitril)
 - Metoprolol XL (Toprol XL), Carvedilol (Coreg)
 - Spironolactone
- **Drugs which improve the symptoms**
 - Diuretics (water pills)
 - Furosemide (Lasix) , Torsemide (Demadex)

WATER PILLS

- Weigh yourself daily
- If weight ↑ by 2-3 lbs /day or 5 lbs /wk
- Watch you liquid intake
- Restrict your salt intake
- May need potassium and magnesium supplements

HOW CAN I HELP MYSELF

- **Coordinate your care**
 - **Talk to all your healthcare providers**
 - **Planning for procedures?**
 - **Refills?**
 - **Ask questions**
 - **Primary Care Physician, Cardiologist**
 - **Pharmacist**
 - **Dentist**

HOW CAN I HELP MYSELF?



QUESTIONS

